



# Corporate Partner Discount Pricing

*Updated and in effect starting June 2020*

	Single	Couple	Family
<b>Enrollment</b>	\$0	\$0	\$0
<b>FULL NETWORK</b>	<b>Provides access to all nine (9) Club locations</b>		
<b>Month-to-Month</b>	\$60/month	+\$25/mth	+\$15/month each additional, up to 10
<b>12 Month</b>	\$44/month		

\*Couple rate is for the first added household member; Family for each additional

\*\*All memberships have an annual \$50 maintenance fee.

## AFF Membership Offerings

*\*Different Clubs offer different amenities*

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| -Member Success Plan – Program Design      | -AmFamU Circuit Training with a Coach    |
| -Cardio & Strength Training Equipment      | -Use of the Pool Areas                   |
| -Hundreds of Group Exercise Classes        | -Yoga, Pilates and Indoor Cycling        |
| -Aqua Aerobics and Lap Swimming            | -Specialty classes like Hot Yoga & Barre |
| -KidZone Activities w/Family Membership    | -Basketball & Racquetball Courts         |
| -Saunas, Steam Rooms and Whirlpools        | -Indoor Tracks                           |
| -Discounts on Camps, Leagues, Swim Lessons | -Free TV & Wifi                          |

### Program Design

- Meet with a Personal Trainer
- Identify and Set Goals
- Baseline Fitness Assessment
- Map out timeline for results

### Nutrition Services

- Registered Dietitians On Staff
- One-on-One Counseling
- Discounts for InBody Testing
- Metabolic Testing Available

804-364-1200: West End  
804-763-1111: Swift Creek  
804-748-4222: Chester

804-261-1000: VA Center Commons  
804-569-1600: Mechanicsville  
540-898-6111: Fredericksburg

804-520-7000: Colonial Heights  
804-378-7667: Midlothian  
757-258-3111: Williamsburg